



RESCUE
YOUR
TEAM

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1

YOUR GREATEST ASSET

Your employees are your greatest asset. Unfortunately, because of the nature of the work, they are exposed daily to their #1 health risk: Stress related illnesses. Physical health and mental health issues are usually traced back to excessive stress, and their role provides plenty.

2

THE ROOT

The root of interpersonal problems in your work team lies in these conditions. In a workgroup of people suffering Compassion Fatigue, Burnout, and PTSD, the symptoms show up through behaviors: distraction, excessive anger, sleep disturbances, and a sense of persecution, loss of creativity, and more.

3

RESCUE YOUR TEAM

This is a problem for those who must follow through on quality issues. Compassionate supervisors are reluctant to hold people accountable when they know that the person is suffering. Not addressing issues is a factor in a downhill slide in quality. What you tolerate becomes the standard.

4

MAINTAINING A STANDARD

Regardless of the struggles of the individual, the quality standards for the agency must be upheld. This training provides a clear strategy for addressing quality issues without ignoring the very real struggles of your employees. As a supervisor, you'll be able to look them directly in the eye, knowing you have not deepened their wounds.

5

THE TEAM

The team will benefit from the shift in environment. When standards are upheld without destroying the dignity of the individual, it offers a safe environment. People begin to trust the organization and each other. It results in a stronger, more cohesive team. Which may increase employee retention!

THE DETAILS

This eight-hour workshop

- The workshop is best delivered in person. Virtual workshops can be arranged if in person is not possible.
- Participants will receive a workbook to aid in implementation.
- You'll also receive and a code for a one-to-one consultation with Edie.
- Ample opportunity to interact with the rest of the class increases camaraderie and enhances the learning.
- An emphasis on personal responsibility is woven throughout the day.
- Your leaders acquire a powerful strategy to use in maintaining a high level of accountability at every level of the organization.
- Personalized support is offered for the leader who is uncertain about implementation of a new strategy.

WHAT PEOPLE SAY:

With relevant and reflective examples combined with relatable principles this training course digs beneath the surface and highlights the importance of accountability from every stakeholder involved. JaCorey Robert Glaude, ENP RPL CMCP

Edie, I enjoyed your class very much. Your enthusiasm and passion for teaching were evident. A few takeaways that I wrote down include "When you know better, you do better." So good. And compassion fatigue is the root of a toxic work environment. Understanding this industry and the stressors we experience daily really helped me understand the importance of taking care of my overall health and well-being. Thank you, thank you! (Anonymous evaluation)



HI, I'M EDIE

I proudly served in 9-1-1 in the 80's and 90's. The negative drain due to the work led to physical, mental, and spiritual health issues. In the years since I left the industry, I've earned three advanced degrees, including a doctorate. I am passionate about helping people choose well for themselves.

Over the years I served as a counselor and then a chaplain*. My doctoral work centered on addressing compassion fatigue. Between academic learning and my life experience, I've developed tools and practices to help stressed out people and their work groups establish strong self-care habits. I have the skills and am unafraid to address tough topics like grief, bullying, and toxicity with your team members. My creative and holistic approach engages and energizes all ages toward greater whole life wellness.

*Professionally trained chaplains like me do not impose their religious beliefs on people. Don't be afraid that I will make your people uncomfortable. I am your #911virtualchaplain



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