



NO TIME FOR
THAT: ADDRESSING
HOPELESSNESS, GRIEF,
AND HELPLESSNESS IN
THE ECC.

NO TIME FOR THAT

1

YOUR GREATEST ASSET

Your employees are your greatest asset. Unfortunately, because of the nature of the work, they are exposed daily to their #1 health risk: Stress related illnesses. Plus, death and tragedy are just part of the job. An event that impacts your whole team is inevitable. Stress is magnified by grief.

2

AND WE DON'T ADDRESS IT

In a culture that values strengths, mourning is viewed as weakness. People are expected to move on quickly. In the ECC, the phone just keeps ringing. There is more to do. So, there is no time for the work of processing the pain. The problem is, this can drag down your team in subtle ways.

3

TEAM EFFECTS

Increased frustration, sharp expressions of anger, and withdrawing into sadness are a few of the ways that grief shows up in individual behavior. You can well imagine the impact one person's unaddressed grief can have on the team. Now multiply that to every team member.

4

ADDRESSING IT

When a leader does recognize grief as the source of interpersonal conflicts, they often do not have the skills to address the issue. In fact, you may be struggling too. This workshop empowers you with the skills you need to compassionately care for yourself and your team members.

5

THE TEAM

You will gain insight in how to lead your team to craft their own response to corporate tragedy. Transforming grief into a more positive future for your work group is possible. Come and learn how.

THE DETAILS

This eight-hour workshop

- The workshop is best delivered in person. Virtual workshops can be arranged if in person is not possible.
- Participants will receive a workbook to aid implementation.
- You will also receive a code for a free one-to-one consultation with Edie.
- Ample opportunity to interact with the rest of the class increases camaraderie and enhances the learning.
- You will practice a compassionate response to overwhelming emotion in a role-play.
- You will be able to navigate grief and mourning, a natural human response to loss, in a healthy way. This training will equip you well beyond your workplace.

WHAT PEOPLE SAY:

I think this made a tough topic accessible. Dispatchers don't like to talk, but I know we all took so much out of this to take home & utilize. Thank you!! Anonymous participant

Also that you didn't shy away from the heaviness, which a ton of trainers do. You made us sit in it and I thought that was good. Anonymous participant



HI, I'M EDIE

I proudly served in 9-1-1 in the 80's and 90's. The negative drain due to the work led to physical, mental, and spiritual health issues. In the years since I left the industry, I've earned three advanced degrees, including a doctorate. I am passionate about helping people choose well for themselves.

Over the years I served as a counselor and then a chaplain*. My doctoral work centered on addressing compassion fatigue. Between academic learning and my life experience, I've developed tools and practices to help stressed out people and their work groups establish strong self-care habits. I have the skills and am unafraid to address tough topics like grief, bullying, and toxicity with your team members. My creative and holistic approach engages and energizes all ages toward greater whole life wellness.

*Professionally trained chaplains like me do not impose their religious beliefs on people. Don't be afraid that I will make your people uncomfortable. I am your #911virtualchaplain



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